

St. Bernadette Catholic Church
3825 Don Felipe Dr. Los Angeles, Ca. 90008 (323) 293 -4877

First Reconciliation and Holy Eucharist

Students preparing for the Sacraments of Reconciliation and Holy Eucharist are involved in a two-year preparation program (typically grades 1 and 2).

Guidelines regarding preparation for First Reconciliation and First Eucharist are:

- Children in 2nd grade are eligible for the Sacraments of Reconciliation and Eucharist.
- For children who are older than the traditional preparation year for a sacrament and have not celebrated that sacrament, special arrangements must be made through the Faith Formation office.

Concerning Reconciliation, CCC (Catechism of the Catholic Church) #1458 advises us

"Without being strictly necessary, confession of everyday faults (venial sins) is nevertheless strongly recommended by the Church. Indeed the regular confession of our venial sins helps us form our conscience, fight against evil tendencies, and let ourselves be healed by Christ and progress in the spiritual life."

It is understood that, for the development of a child's conscience, the opportunity to go to the Sacrament of Reconciliation (Confession) should be offered to him/her by the parents at least once a month. It is imperative to the growing faith life of children to see their parents make use of this wonderful Sacrament as well.

It is important to recognize that the Eucharist, the real presence of Jesus Christ: Body, Blood, Soul and Divinity, is the source and summit of the life of the Church.

The students will participate in celebrations of the Holy Mass and Eucharistic every Sunday after class with their teachers and will process up with the community during communion for a blessing until they celebrate their First Communion.

The requirements that need to be met in order to successfully complete this program of Sacramental Preparation include:

- Registration Forms completed and returned to the Faith Formation Office.
- A copy of the child's Baptism Certificate handed in to the Faith Formation office
- Parents and children attend all preparation sessions
- Parents and children commit to attend Mass every Sunday and pray together at Home & practice prayers
- Parents are required to help their child with all assignments.

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I _____ understand the above and commit
to take this faith journey with my child, talk about their classes and what he/she learned
and pray with him/her every day.

Parent Signature

Date

